

Bisogni e risposte in ambito adulti

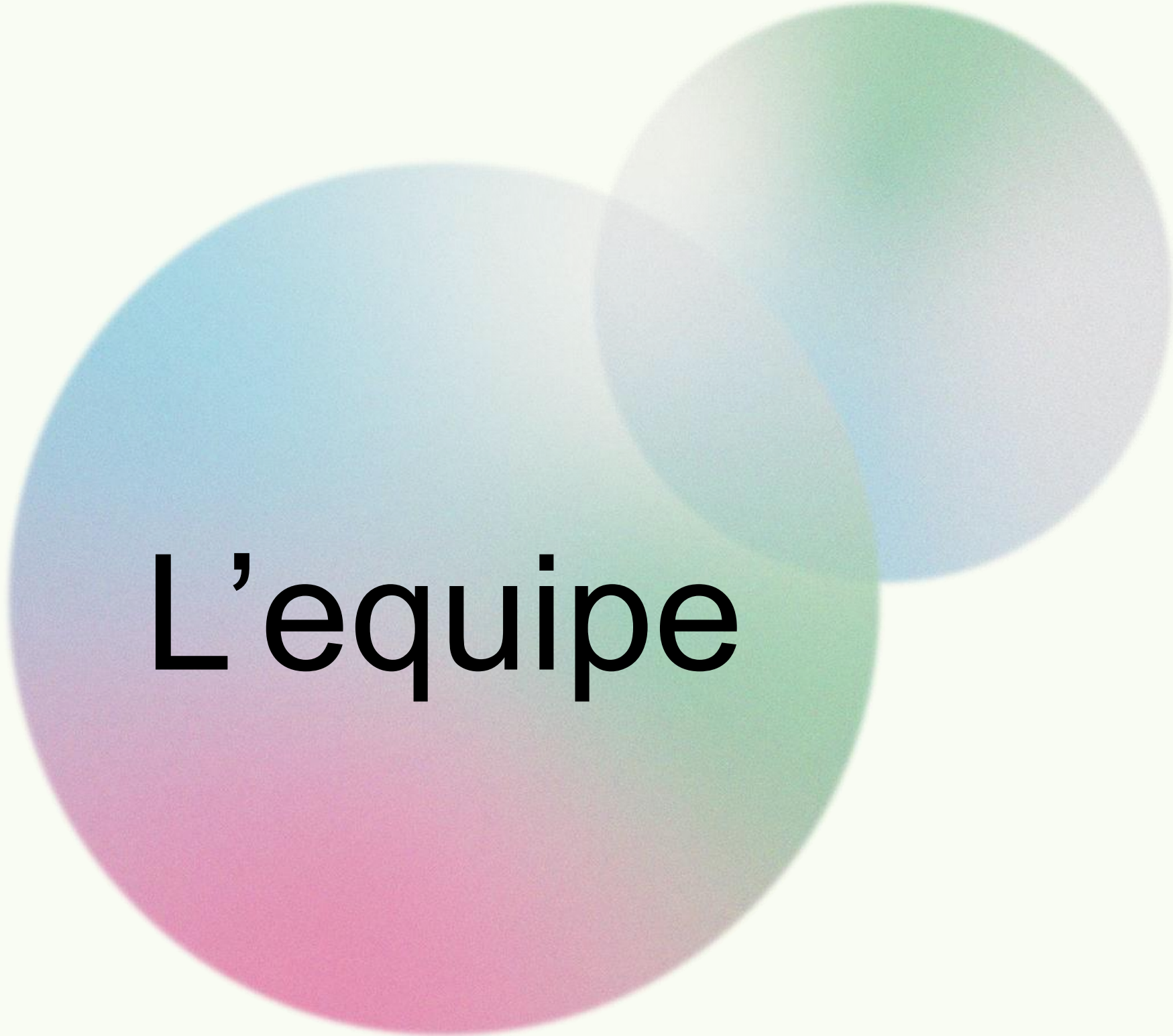
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Medico psichiatra-psicoterapeuta

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L'equipe

- 1 Medico psichiatra pt
- 2 Psicologhe-psicoterapeute pt
- 1 Tecnica della riabilitazione psichiatrica
- Psicologhe/i a progetto
- Educatrici/tori a progetto
- Tirocinanti

I numeri

Attualmente abbiamo in carico circa
1500 persone ASD

>100 persone ADHD

>100 persone DSA



Autism in Adulthood: Clinical and Demographic Characteristics of a Cohort of Five Hundred Persons with Autism Analyzed by a Novel Multistep Network Model

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1 Article

2 Autism in Adulthood: Clinical and Demographic 3 Characteristics of a Cohort of Five Hundred Persons 4 with Autism Analyzed by a Novel Multistep 5 Network Model

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15 **Abstract:** Autism spectrum disorder (ASD) is a neurodevelopmental disease characterized by
16 deficits in communication and relational skills, associated with repetitive verbal and motor
17 behaviors, restricted patterns of interest, need for a predictable and stable environment, and hypo-
18 or hypersensitivity to sensory inputs. Due to the challenging diagnosis and the paucity of specific
19 interventions, persons with autism (PWA) reaching the adult age often display a severe functional
20 regression. In this scenario, the Regional Center for Autism in Adulthood in Turin seeks to develop
21 a personalized rehabilitation and enablement program for PWA who received a diagnosis of autism
22 in childhood/adolescence or for individuals with suspected adulthood ASD. This program is based
23 on a Multistep Network Model involving PWA, family members, social workers, teachers and
24 clinicians. Our initial analysis of 500 PWA shows that delayed autism diagnosis and lack of specific
25 interventions at a young age are largely responsible for the creation of a “lost generation” of adults
26 with ASD, now in dire need of effective psychosocial interventions. As PWA often present with
27 psychopathological co-occurrences or challenging behaviors associated with lack of adequate
28 communication and relational skills, interventions for such individuals should be mainly aimed to
29 improve their self-reliance and social attitude. In particular, preparing PWA for employment,
30 whenever possible, should be regarded as an essential part of the intervention program given the
31 social value of work. Overall, our findings indicate that the development of public centers
32 specialized in assisting and treating PWA can improve the accuracy of ASD diagnosis in adulthood
33 and foster specific habilitative interventions aimed to improve the quality of life of both PWA and
34 their families.

35 **Keywords:** autism spectrum disorder; adulthood; diagnosis; intervention

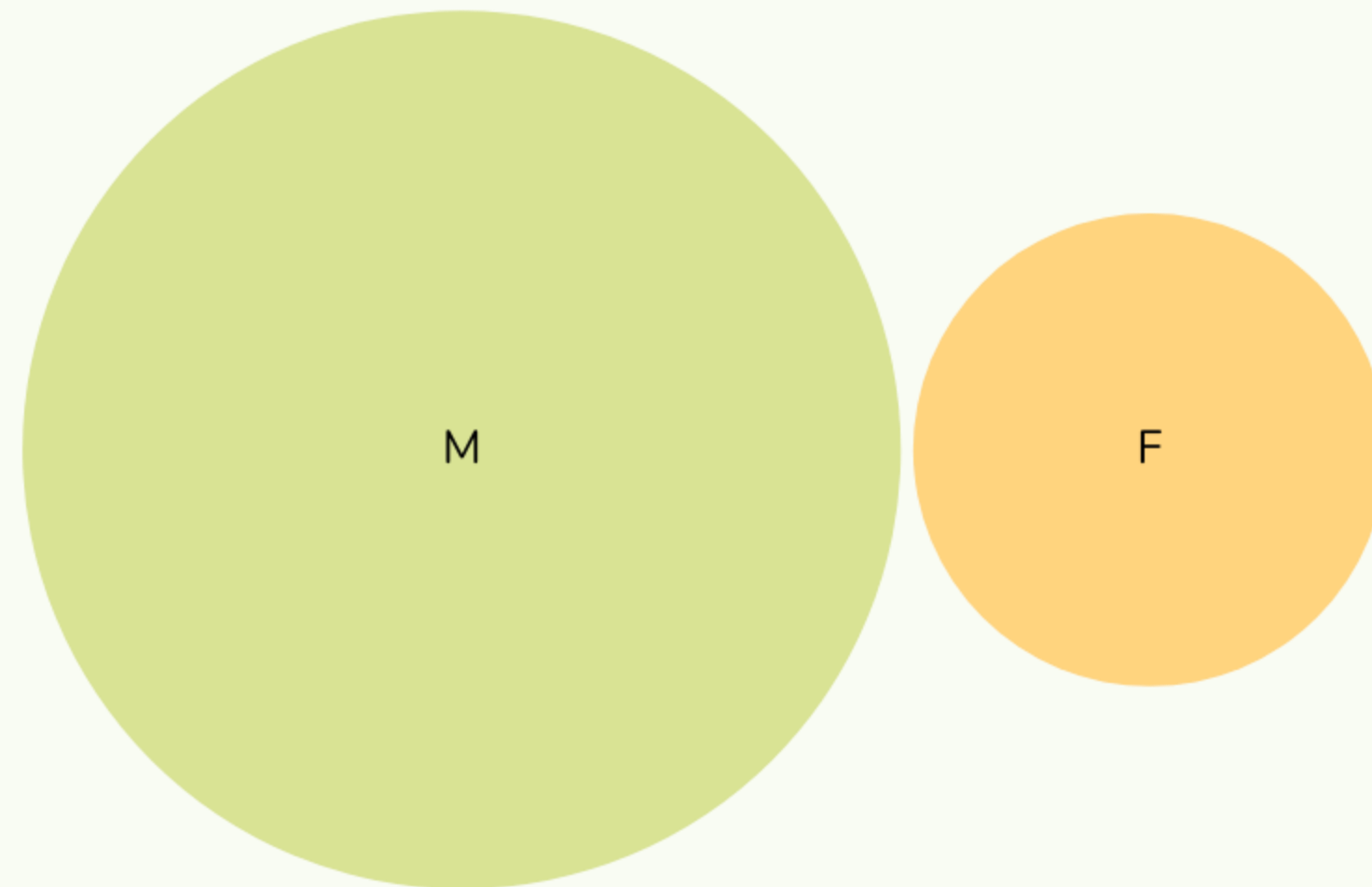
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Risultati

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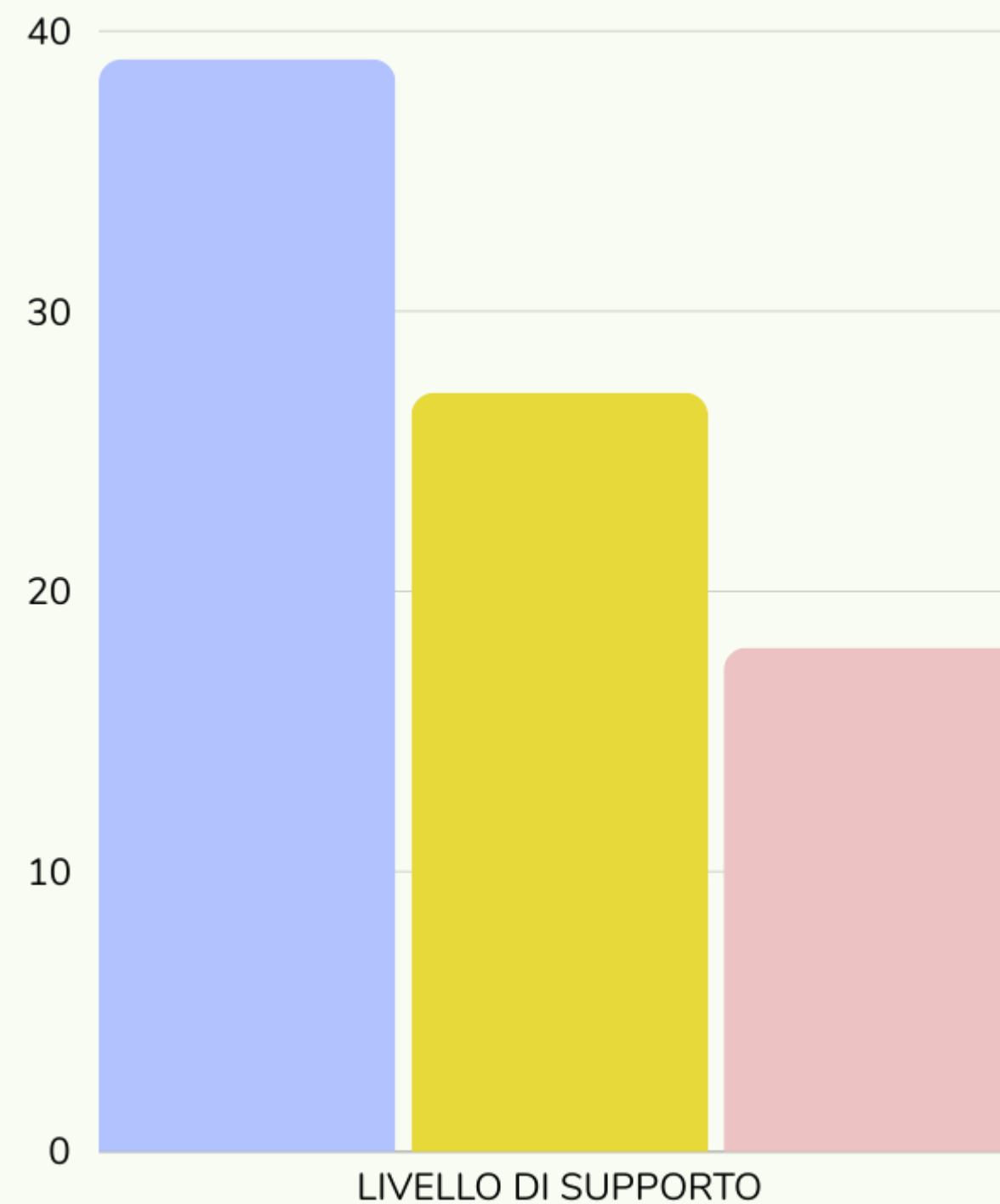
Distribuzione di genere

- 77.5 % genere maschile assegnato alla nascita
- 22.5% genere femminile assegnato alla nascita



Distribuzione in base alla necessità di supporto

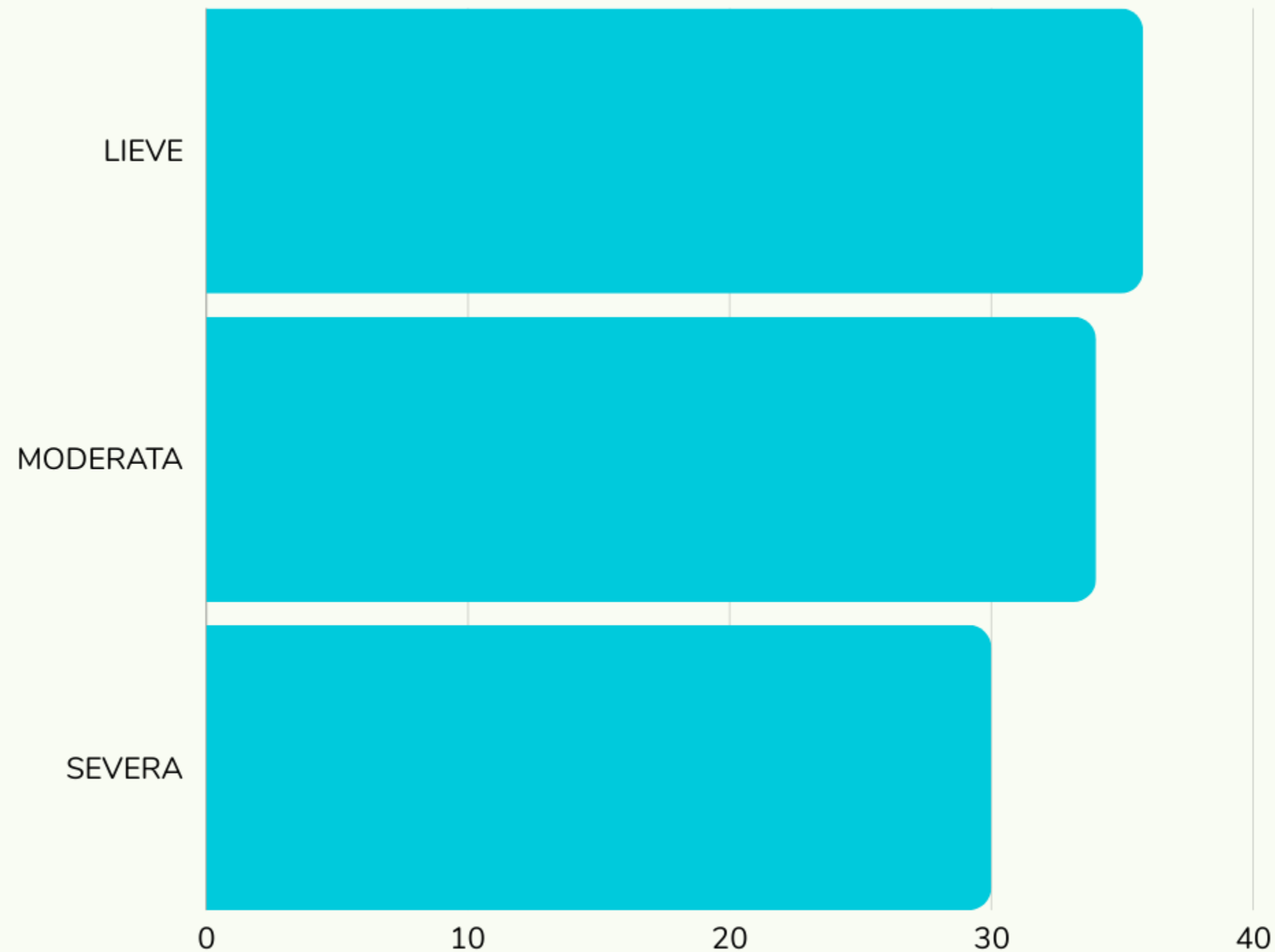
- LIVELLO 1: 39%
- LIVELLO 2: 27.1%
- LIVELLO 3: 18%



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Prevalenza di disabilità
intellettiva è del 53%

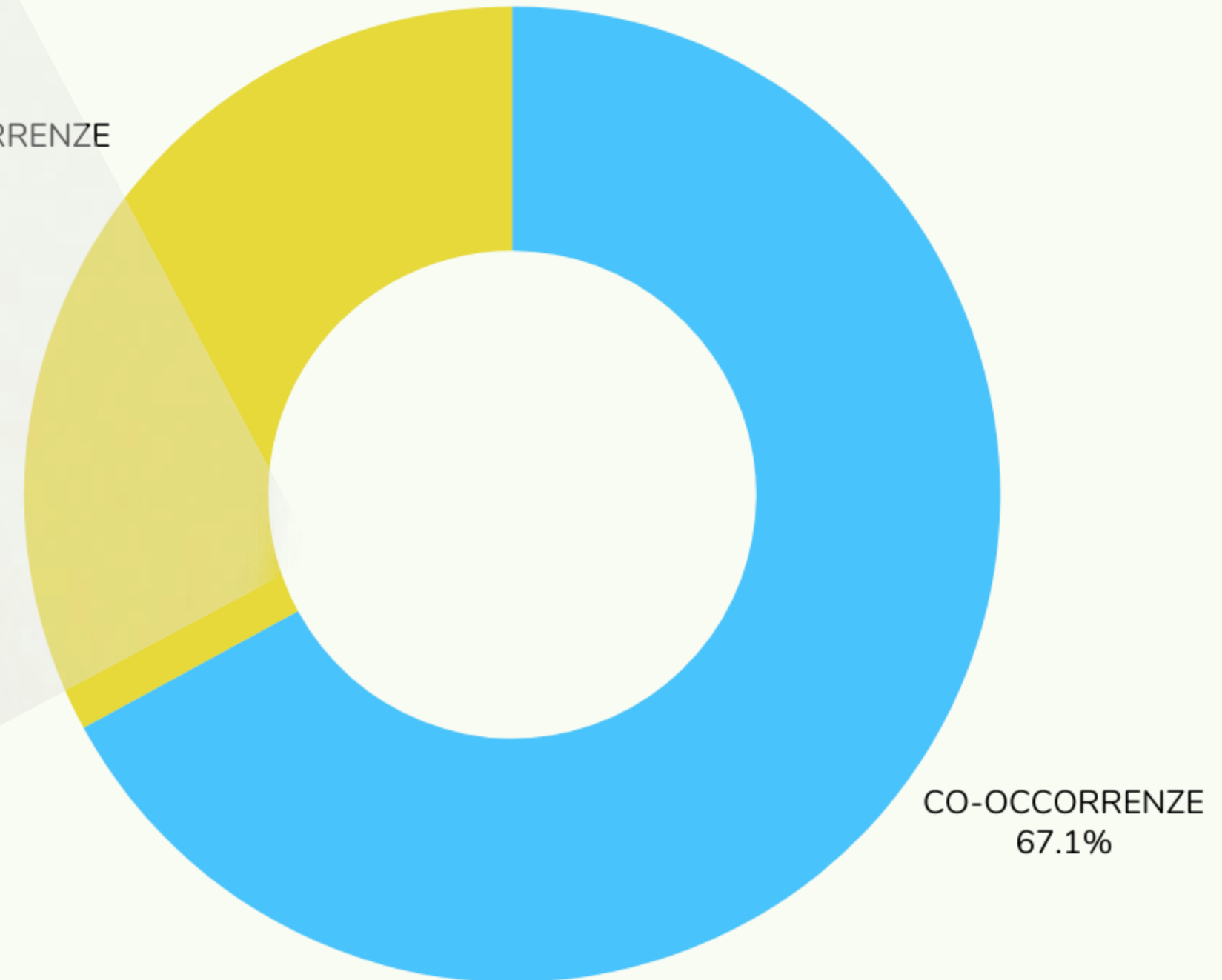
- LIEVE 35.8%
- MODERATA 34%
- SEVARA 30.2%



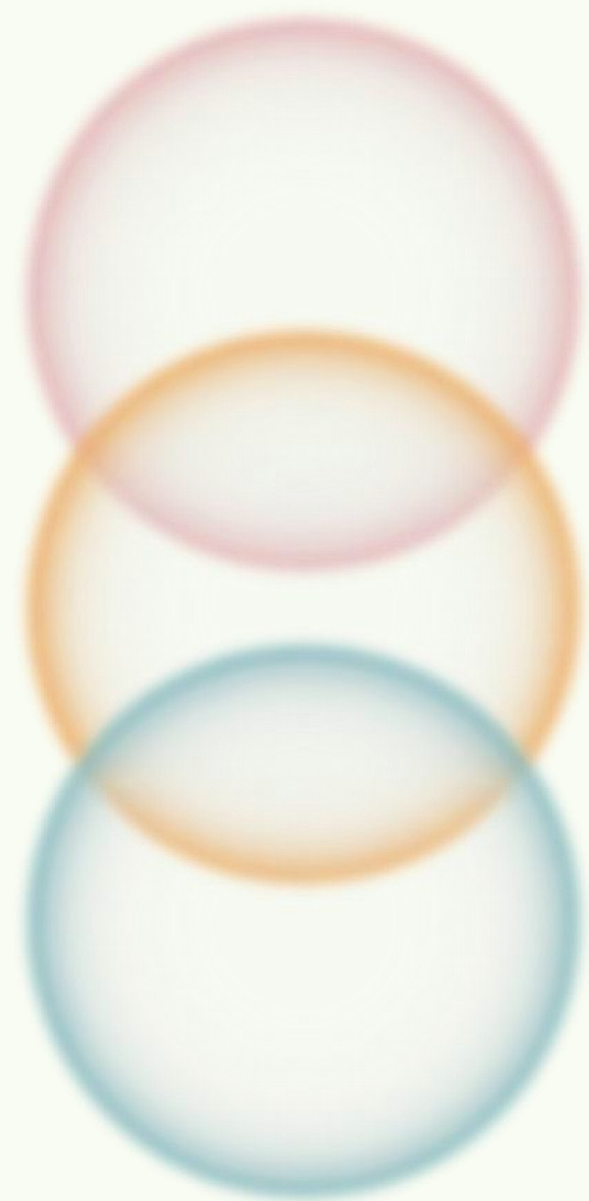
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Presenza di co-occorrenze

NO CO-OCCORRENZE
32.9%



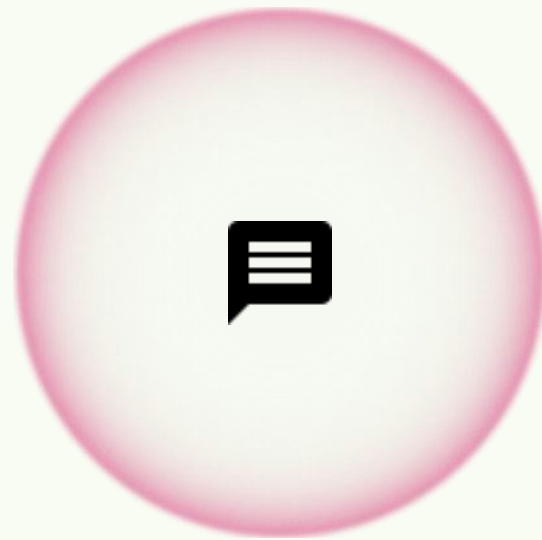
CO-OCCORRENZE
67.1%



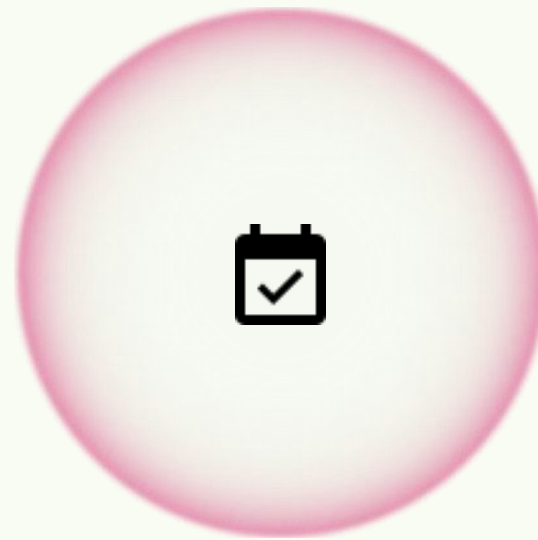
Le nostre attività

Attività con i servizi

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[Centro regionale](#)



[Nuclei per l'autismo adulto](#)
[NDPSA](#)



[Transizione all'età adulta](#)

Attività rivolte alle persone

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Attività diagnostica



Percorsi di sostegno psicologico e psicoterapia individuale



Social Skill Training e Feuerstein di gruppo



Gruppi affettività-sessualità



Gruppo di sostegno genitori



Progetti con altre realtà del territorio

Ad esempio per l'inserimento lavorativo

■ ■ ■



Intervento neuropsicologico



Attività espressiva



Grazie!

Avete delle domande?